# Cardboard Spacer

- Anti-static
- No priming required before use
- Compact and portable
- Easy expansion
- For use with most standard puffers in the treatment of asthma and COPD
- The device is intended as a single patient, multiple use device (For use up to 7 days)
- Australian made
- Remove exhalation valve before recycling

| | |
|---|---|
| | Consult instructions for use |
| | Single Patient, Multiple Use |
| MD | Medical Device |
| | Do not use if package is damaged |
| | Keep dry |
| | Keep away from sunlight |
| | Caution |
| REF | Catalogue number |
| LOT | Batch code |
| | Use by date |


Medical Developments International

**Medical Developments International Limited** ABN 14 106 340 667
4 Caribbean Drive, Scoresby Victoria 3179, Australia
**Email** mdi@medicaldev.com **Web** www.medicaldev.com
**Telephone** +61 3 9547 1888


REF BAT-CARD

9 334258 003058

CE

LFT-BAT-CARD-V3

## Indications for Use

Breath-a-tech® Cardboard Spacer is a compact and portable collapsible spacer that is placed between a pressurised metered dose inhaler (pMDI) and the patient's mouth. The spacer functions as a reservoir from which aerosol medication is dispensed, in order to minimise the delivery of large aerosolised particles to the lungs. By holding the medication after aerosolization, the spacer reduces the direct delivery of aerosolised particles into the mouth and allows the effective smaller particles to be inhaled and travel to the lower airways. Intended for adults and children to use with most standard pMDIs, in the treatment of ASTHMA or COPD. The device is intended as a single patient, multiple use device (For use up to 7 days). Intended for use in home, hospitals or clinics environments.

## ⚠Caution

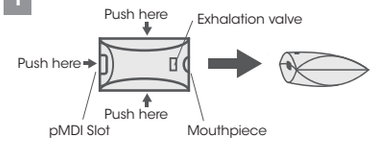
**Please read and follow all contents of this leaflet before using your device.**

- Use only if tamper evident seal is unbroken.
- The device can be used multiple times. Replace the device after 7 days or sooner if it becomes damaged, soggy, or dirty.
- Always follow the instructions provided with your pMDI.
- Children must be supervised by an adult or caregiver during use.
- If breathing problems or symptoms persist, contact your physician and seek prompt medical attention.
- Store in a clean, dry place, away from direct sunlight.
- This leaflet should be kept available at all times for reference. Please contact Medical Developments International Limited if a replacement is required.

Suitable for use with most standard pMDIs. To the best of Medical Developments International Limited's, knowledge and experience, we are not aware of any pMDI that cannot be inserted into the spacer due to inability to fit. Please report any serious incident to Medical Developments International Limited (via pharmacovigilance@medicaldev.com) and your local competent authority.

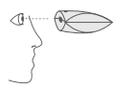
## Instructions For Use

**1**




Place fingers in the middle of the chamber along the long sides as indicated on the chamber. Gently squeeze to snap side panels into place. To fully expand the device, push the pMDI slot side in gently. **Do not push in mouthpiece.**

**2**

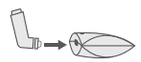


⚠ Before use, check that the device is intact and that the interior is free of small objects that could be inhaled. Replace the device immediately if it is damaged.

**3**

Prepare the pMDI by following the instructions provided with your medication.

**4**

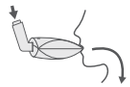


Ensure the cap from the pMDI has been removed. Push the pMDI into the pMDI slot opening as indicated on the device.

**5**

Put the mouthpiece between the lips and make an airtight seal. Maintain a firm grasp on the device to ensure it is fully expanded at all times

**6**



Depress the pMDI. Breathe in and out through the device for 4-6 breaths or per the instructions provided with the pMDI or as directed by a healthcare professional.
Always follow the instructions provided with the pMDI or your asthma/COPD action plan on how long to wait before repeating this step if necessary.
Wait at least one minute before repeating step 6. Only use one puff from the pMDI at a time. Remove inhaler and flatten Breath-a-tech® Cardboard Spacer between uses.

**7**

Remove pMDI and flatten the device. Place device in resealable bag between uses. Store in a clean, dry place, away from direct sunlight.